



Updated 1-1-2022

Cystoscopy:

A cystoscopy is a binocular examination of the bladder.

Indication for cystoscopy can be:

- In connection with examination for blood in urine
- Suspicion of polyps / condylomas / stones in the bladder

Cystoscopy is usually agreed in advance.

You put yourself on a gynecological bed. You will be scanned inside before the doctor starts. You are washed inside with chlorhexidine. You get local anesthesia in the urethra with xylocain ointment which removes discomfort at the cystoscope. It does not usually hurt.

The doctor empties urine from your bladder with a thin catheter. The doctor fills the bladder with sterile saline / chlorhexidine, approx. 100ml.

The doctor carries a scoop (camera) which is approx. 2mm thin via the urethra up to the bladder.

You can follow the screen and the doctor will explain to you what is being seen.

The study itself is quite short-lived, approx. 10-20 minutes.

It rarely hurts to have a cystoscopy done, but it can be a little uncomfortable. In some cases, you will receive an antibiotic cure after the examination.

Up to 1 day after the examination, there may be burning when urinating.

Sometimes the urine can become bloody.

It is important that you drink a lot the rest of the day, at least 2 liters, to avoid cystitis.